

Couples Intake Paperwork

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****To be completed individually**

Name _____ Date Completed _____

Presenting Problem

Please describe what brings you in today: _____

How long have you been experiencing this problem? __ Less than 30 days __ 1-6 months __ 1-5 years __ 5+ years

Rate the intensity of this problem from 1 to 5 (1 being mild, 5 being severe): _____

How is the problem interfering with your day to day functioning? _____

Have you or your spouse experienced any of the following symptoms in the last 30 days?:

Condition	Myself	Partner	Condition	M	P	Condition	M	P
Cries			Procrastinates			Is verbally abusive		
Has difficulty at work			Behaves aggressively			Worries		
Behaves impulsively			Behaves compulsively			Overeats		
Is lazy			Spends too much time online			Is a perfectionist		
Has sleep problems			Not a great listener			Uses pornography		
Is suicidal			Is depressed			Loses control		
Type "A" personality			Uses drugs			Uses alcohol		
Withdraws from others			Has insomnia			Distracted from relationship		
Has low self-esteem			Takes risks			Spends too much time with friends		
Overwork			Smokes			Participates excessively in:		
Is physically abusive			Threatens suicide			_____		
						-		

Mental Health Information

Have you ever been in counseling/therapy before? _____ When? _____

If yes, did you find it helpful or effective? _____

Are you currently receiving mental health services? If yes, please list name of practitioner and type of services you are receiving: _____

Have you ever been diagnosed with a mental illness? If yes, please list illness(es) and date(s) first diagnosed? _____

Have you ever or are you currently engaging in self-harm? (please circle) Currently Past

Have you ever or are you currently contemplating suicide? Currently Past

Have you ever or are you currently contemplating harming another person? Currently Past

Have you ever attempted suicide? If yes, please fill out 'Other' and include date(s), method(s), and age at time of attempt (please circle): Yes No Other: _____

Do you have a history of abuse/neglect (*please explain*): _____

Education

Education Level (please check highest level completed): None K-5 6-8 9-12 GED College Degree Graduate Degree

If still attending, current school/grade: _____ Vocational School/Skill Area: _____

College/Graduate School – Years Completed/Major: _____

Employment

Are you currently employed? (please circle) Yes No

Current Employer: _____ Profession: _____

If you have worked in the past, what did you do for work? _____

Medical Information

Who is your Primary Care Physician? _____ Phone #: _____

Primary Care Physician's Practice Name/City: _____

Are there any health problems that you experience? _____

Please list any prescription medications you are currently taking, what they are for, and dosage: _____

Please list any over the counter medications, vitamins, or herbal supplements you are currently taking: _____

Strengths/Concerns

What concerns do you have about in your relationship?: _____

What concerns do you have about your partner in your relationship? _____

What concerns do you have about yourself in your relationship? _____

What are the issues that cause conflict in your relationship?: _____

What do you see as your strengths as a couple?: _____

What do you see as your own strengths? _____

What do you see as your partner's strengths? _____

What do you enjoy doing together? _____

What community involvement(s) do you currently have? (ie groups, clubs, activities, religious affiliation): _____

Thank you for providing this information. It will greatly assist me in our work together.

Acknowledgment of Disclosure Statement

By signing this document, I confirm that I have received a copy of the required disclosure information, and that I have read and understood this information. I agree to participate in and/or have my child(ren) participate in counseling from Heather A. Astill, LCSW-C, MSW. This agreement shall remain in effect until either the client or the therapist, or both terminate treatment.

_____	_____	_____
Printed Client Name	Client/Legal Guardian Signature	Date
_____	_____	_____
Heather A. Astill, LSCSW	Date	

Fee Agreement

I, agree to pay the fees as stated in the disclosure statement. (Most commonly: \$140 for intake/60 minute sessions and \$120 for 45-50 minute sessions).

Late cancellations (less than 24 hours notice unless it is an emergency) and “no-shows” will be billed as half the session fee, and must be paid at the next scheduled appointment or within 15 days, whichever comes first. This will not be billed to your insurance.

I understand that payment is to be made at each session unless other arrangements have been made. Teletherapy sessions are billed at the same rate as office sessions. I also understand that I will be billed \$20.00 for checks returned for insufficient funds.

_____	_____	_____
Printed Client Name	Client Signature	Date
_____	_____	_____
Heather A. Astill, LSCSW	Date	

Patient-Therapist Confidentiality and the Limits to Confidentiality

Patient confidentiality is a vital component of psychotherapy. It is extremely important that patients feel secure that what they discuss in therapy will not be shared. There are three circumstances in which a therapist is required to report confidential information to state public welfare officials:

1. Child abuse
2. Physical abuse of an elder or dependent adult living in the home
3. Expressed intent to harm oneself or another person

I have read, understand and agree to the terms stated herein.

_____	_____	_____
Printed Client Name	Client Signature	Date
_____	_____	_____
Heather A. Astill, LSCSW	Date	